



# kindergym

climb • build • play

tuesdays: 10:00-11:30

345 wale road gym

start date: october 24th

coffee, tea, and snacks available

bus tickets provided

drop in—no registration required!

ages 0—6 (with flexibility)

all indigenous children and their caregivers are welcome!

all abilities welcome!

contact mona or kristy for more information

[mona@metis.ca](mailto:mona@metis.ca) or [kristy@metis.ca](mailto:kristy@metis.ca)

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**Island Métis**  
family & community  
services society 